



October Breakfast Menu 2022

French Toast Sticks 3	Biscuit, Egg & Cheese 4	Muffin/Oatmeal 5	Biscuit & Gravy 6	Long John 7
Pancake on a Stick 10	Long John 11	<b>No School Fall Break</b> 12	<b>No School Fall Break</b> 13	<b>No School Fall Break</b> 14
Waffle & Syrup 17	Biscuit & Sausage or Bacon 18	Muffin/Yogurt Parfait 19	Biscuit & Gravy 20	Long John 21
Pancake & Syrup 24	Toast, Egg & Hashbrown 25	Muffin/Oatmeal 26	Biscuit & Gravy 27	Long John 28
French Toast Sticks 31				Daily: Asst Cereal Fruit/Juice Milk

½ pint milk served daily. Menu subject to change.

**This institution is an equal opportunity employer and provider.**



## October Lunch Menu 2022

<p>3</p> <p>Baked Chicken Savory Rice Mixed Veggies Hot Roll</p>	<p>4</p> <p>Pig in a Blanket Chili Tri Tater</p>	<p>5</p> <p>Enchiladas Nachos Refried Beans</p>	<p>6</p> <p>Chicken Wrap Ranch Beans Cherry Crisp</p>	<p>7</p> <p>Hot Ham &amp; Cheese French Fries WG Cookie</p>
<p>10</p> <p>Country Style Steak Mashed Potato/Gravy Green Beans Hot Roll</p>	<p>11</p> <p>Chicken Patty on Bun Tater Tots</p>	<p>12</p> <p><b>No School Fall Break</b></p>	<p>12</p> <p><b>No School Fall Break</b></p>	<p>14</p> <p><b>No School Fall Break</b></p>
<p>17</p> <p>Popcorn Chicken Tri Tater Peas Hot Roll</p>	<p>18</p> <p>Lasagna Green Beans Bread Stick</p>	<p>19</p> <p>Submarine or Turkey Sandwich Pork &amp; Beans Potato Wedges</p>	<p>20</p> <p>Chicken &amp; Noodles Mashed Potatoes Mixed Veggies Hot Roll</p>	<p>21</p> <p>Pizza Corn Brownies</p>
<p>24</p> <p>Deli Day Baked Beans Asst. Chips</p>	<p>25</p> <p>Burrito w/Chili or PBJ Corn Sun Chips Spinach</p>	<p>26</p> <p>Pizza Pocket Marinara Corn</p>	<p>27</p> <p>Mac &amp; Cheese Little Smokies Green Beans WG Cookie</p>	<p>28</p> <p>Cheeseburger French Fries Sherbet</p>
<p>31</p> <p>Chicken Strips Mashed Potato/Gravy Corn Halloween Treat</p>				<p>Salad &amp; Fruit Bar Served Daily</p>

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